



MEALS ON WHEELS

Shaker Heights, Beachwood, University Heights

A SPECIAL THANK YOU

On behalf of the entire organization, we would like to thank outgoing officers Laura Rowan, Victoria Bauer, and Shirley Baldwin for their commitment and service to the mission of our organization to deliver affordable, nutritious meals of superior quality to residents of Shaker Heights, Beachwood, and University Heights. We are pleased to share that Laura and Victoria will remain active members of the organization, providing guidance on our history and culture.

WELCOME NEW BOARD MEMBERS

June's board meeting saw the installation of our new Board and the election of a new Executive Committee. We invite you to join us in welcoming the new officers and board:

Dale Braun, President
Richard Weiss, Vice President
Isaac Roach, Treasurer

Marcia Romano, Secretary
Shirley Baldwin, Emeritus Director

Julia Brouhard
Joan Glickson
Joy Kent

Dawn Marie Lecklikner
Sally Levine
Paul Nickerson

David Osage
Anne Webb
Claudia Woods

In our next issue, we will share committee and project updates along with their impact on the communities we serve: Shaker Heights, Beachwood and University Heights.

Congratulations and welcome to the new board; we look forward to your success.

URGENT VOLUNTEER APPEAL

Summer finds us short on helping hands. If you have a few hours in the middle of the day, we would be interested in talking to you about volunteering with **Meals on Wheels Shaker**. Call us today at **216-991-6376!**

SEND US YOUR EMAIL ADDRESS

We love to share our successes with our loyal supporters and communicate quickly when assistance is needed. In order to do this, we would like to add you to our email list. Please send an email to info@MealsOnWheelsShaker.org and provide your name, address, and email.

WISH LIST

Communication is key to the success of our organization, so as such our next major wish is for a new or gently used laptop computer. In order to purchase the computer and associated software, we need to raise approximately \$1,500. We are appreciative of any donation that can be put toward this purchase.

We are so very grateful to all of our donors who contributed toward the purchase of our new freezer. It has made a tremendous difference in maintaining the high quality of menu offerings provided to our subscribers.

Community Partners

Strong community partnerships are the backbone of nonprofit organizations. These funding partners invest in **Meals on Wheels** because we align with their values and serve the communities to which they belong. With this in mind, join us in thanking and supporting these fine companies:



SMART TECHNOLOGY. ANSWERS FOR TODAY. INSIGHTS FOR TOMORROW.®

E²G | The Equity Engineering Group, Inc.

We are pleased to recognize our first Contributing Corporate Sponsor, E²G | The Equity Engineering Group, Inc. E²G is an engineering firm with a team recognized for having some of the most talented engineers in the oil, gas, and petrochemical industry. This unique company focuses on aging infrastructure services and support through the development of technologies and consulting strategies to manage risk and control inspection costs throughout the life-cycle of a facility's equipment.

E²G's corporate headquarters includes two floors of the historic 12-story Tower East in Shaker Heights,

which they have occupied since 2005 and purchased in 2015. David Osage, President and CEO, shared that his team is very generous in giving of their time, talents, and resources to support organizations they are touched by in the communities they call home. We are grateful for both the financial support provided, as well as the professional commitments and services of their Marketing and Human Resources teams.

We look forward to a long-term relationship that will support **Meals on Wheels Shaker's** growth in the communities we serve – Shaker Heights, Beachwood, and University Heights. For more information about E²G, visit EquityEng.com



Geraci's

Thank you once again to Marti Spoth and the staff at Geraci's Restaurant in University Heights for holding Makin' Dough for **Meals on Wheels**. Every Monday in May, Geraci's donated 10% of their proceeds to support **Meals on Wheels Shaker**. In addition to their fundraising support and efforts to increase awareness, Ms. Spoth has been a long-time volunteer on Mondays. We are proud to have such a wonderful community partner. For more information about Geraci's, visit GeracisRestaurant.com



Business Networking International

Amazing things can happen when you combine altruistic professionals with a worthy cause. BNI's Premier Chapter, Shaker Heights, invited its business professional members to a social event at Legacy Village that benefited **Meals on Wheels Shaker**. Special thanks to Adam Gardin, Rich Weiss, and Rochelle Paley, as well as to Kelly Danko and Carrie Rudow for organizing this event. For more information about BNI, visit bni.com

In Kind Sponsors



Logo and Graphic Design



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DIAMOND
VISUAL COMMUNICATIONS
Brilliantly Made Signs and Graphics

Magnetic Vehicle and Yard Signs



Photo by Clifford Norton Studio

OHIO DISTRICT 9 STATE HOUSE OF REPRESENTATIVES MEMBER, JANINE R. BOYD, VOLUNTEERS

State Congressional Representative Janine Boyd spent the afternoon with **Meals on Wheels Shaker** volunteers during the State Congressional Spring Break. While visiting, Representative Boyd had the valuable opportunity to talk with her constituents about the issues facing our community, including the importance of affordable, nutritious meals for subscribers. Representative Boyd did not hesitate to roll up her sleeves and get to work. From meal prep to delivery, Representative Boyd took full advantage of the experience while allowing our volunteers the opportunity to share their perspectives with her as one of our State government officials. Thank you, Representative Boyd, and stop back any time!



Photo by Clifford Norton Studio

PROGRESSIVE INSURANCE PR AND MARKETING DEPARTMENT LENDS A HAND

Progressive Insurance recognizes that at any moment in time, there are people, communities, and environmental initiatives that need support. By supporting their employees' local volunteer initiatives, they recognize that both the nonprofit organization beneficiaries and employees' lives are enriched. Public Relations Director Mary Shaffer gathered a team of co-workers and committed a couple hours of their workday to **Meals on Wheels Shaker**. In addition to their wonderful work, their support was rounded out with a cash contribution and several bags of pantry items. For more information on Progressive Insurance Helping Others, visit <https://www.progressive.com/socialresponsibility/helping.html#>

SHAKER HEIGHTS SENIOR RESOURCES

The Shaker Heights Annual Senior Picnic at the Stephanie Tubbs Jones Community Center was co-hosted by the City of Shaker Heights Recreation Department and **Meals on Wheels Shaker**. Due to the heat wave with temperatures over 90 degrees, we were grateful to host this event indoors. The menu included all the fixings for a real picnic experience, with hot dogs, hamburgers, and barbecue as the main courses. Sweet treats for dessert included cookies and brownies for the event, thanks to a generous **Meals on Wheels Shaker** donor.

A special shout out to Mayor Earl Leiken, who joined in the fun with an address welcoming the group to the annual event.



Shaker Senior Picnic
Mayor Leiken

Meals on Wheels Shaker appreciates the Board members who took the opportunity to sit with the attending seniors and talk about the **Meals on Wheels Shaker** services.

This is an opportunity to both educate and remind the community of the value and extent of our services.

IT'S NEW, IT'S IMPROVED, IT'S LIVE 24/7... IT'S MEALS ON WHEELS' REDESIGNED WEBSITE!

Thank you, Benjamin Barnett and Mighty Little Websites, for developing our new platform with features to better serve our subscribers and deliver our message to the community. **New features include:**

- Secure and compliant online bill pay and donation options
- Calls to action to volunteer, donate, and register for emails
- Volunteer opportunities
- Special events highlights

Special thanks to the E²G Marketing Team for assisting with the creative elements and editorial support for our new site. We will keep you apprised of website enhancements and welcome your support by sharing stories, volunteer activities, photographs, and other content that we may use to further our message on the website and our social media platforms. Visit us today at **MealsOnWheelsShaker.org** and "Like Us" on Facebook, [Meals-on-Wheels-Shaker-Heights-1-Site](https://www.facebook.com/Meals-on-Wheels-Shaker-Heights-1-Site)

PRICING AND MEAL SERVICE

Monday – Friday for \$6.75 a day, subscribers receive:

- **Hot Meal Service**

- o A protein, starch and vegetable
- o Salad, dessert, choice of drink, and bread and butter

- **Light Supper**

- o Sandwich
- o Piece of fruit

Saturday and Sunday, for one low price of \$8.00 total, subscribers receive two complete days of food, as described above.

For more information, visit MealsOnWheelsShaker.org or call us at **216-991-6376**.

AMERICA...LETS DO LUNCH!

The national Meals on Wheels organization is running a coast-to-coast campaign inviting folks to spend their lunch hours with their local **Meals on Wheels Shaker** group. If you have flexible time during the middle of the day, we would welcome you to our volunteer ranks. If you can commit even one day (or more!) a week to join us for 30 – 45 minutes, you can make a difference by picking up food, assembling meals, or delivering them.

If you are a team leader, manager or executive, why not 'Adopt-a-Route'?

Gather a number of your co-workers or employees and take over one of our delivery routes – once a week, or once a month, we would love to have you! Contact us at **216-991-6376** or info@mealsonwheelsshaker.org

ATTENTION MEALS ON WHEELS VOLUNTEERS

Mark your calendars for our Annual Volunteer Picnic on July 19th! Bring your best side dish and gather at 5:00 p.m. at the First Unitarian Church. The picnic will be outside, weather permitting. Please RSVP to Penny Parker at **216-991-6376** and let her know what delicious dish you will be sharing.

MISSION STATEMENT

Meals on Wheels Shaker is an independent community service agency whose dedicated volunteers deliver affordable, nutritious meals of superior quality to residents of the Shaker Heights, Beachwood, and University Heights communities. This service assists our subscribers in maintaining their health and well-being. We are the key to independent living.



Meals on Wheels
21600 Shaker Blvd.
Shaker Heights, OH 44122

Shaker Heights
Beachwood
University Heights